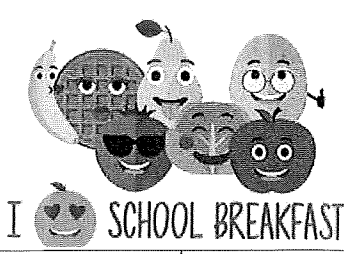


August-September Breakfast Menu – Lakeside Schools

Monday	Tuesday	Wednesday	Thursday	Friday
				
		August 22	23	24
		Scrumptious Coffeecake Fruit Fruit Juice Choice Milk Choice	Pancakes Sausage Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
27	28	29	30	31
Breakfast Pizza Fruit Fruit Juice Choice Milk Choice	Whole Grain Cereal Fruit Fruit Juice Choice Milk Choice	French Toast Sticks with syrup Fruit Fruit Juice Choice Milk Choice	Chicken Biscuit Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
September 3 NO SCHOOL	4	5	6	7
LABOR DAY	Pancake on a Stick Fruit Fruit Juice Choice Milk Choice	Sausage Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Kansas Granola Bar Yogurt Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
10	11	12	13	14
Waffles w/Syrup Fruit Fruit Juice Choice Milk Choice	Whole Grain Cinnamon Roll Fruit Fruit Juice Choice Milk Choice	Scrumptious Coffeecake Fruit Fruit Juice Choice Milk Choice	Pancakes Sausage Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
17	18	19	20	21
Breakfast Pizza Fruit Fruit Juice Choice Milk Choice	Whole Grain Cereal Fruit Fruit Juice Choice Milk Choice	French Toast Sticks with syrup Fruit Fruit Juice Choice Milk Choice	Chicken Biscuit Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
24	25	26	27	28
Whole Grain Muffin Cereal Fruit Fruit Juice Choice Milk Choice	Pancake on a Stick Fruit Fruit Juice Choice Milk Choice	Sausage Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Kansas Granola Bar Yogurt Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice

This institution is an equal opportunity provider.

August – September Lunch Menu - Lakeside Schools

Monday	Tuesday	Wednesday	Thursday	Friday
		August 22 Chicken Wrap Spanish Brown Rice Romaine Lettuce Tomato Slice Cucumber Slices Tropical Fruit Cookie (9-12) Fruit Choice Milk Choice	August 23 Spaghetti w/Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Fruit Choice Milk Choice	August 24 Chicken & Noodles Whole Wheat Rolls & Honey (6-12) Mashed Potatoes Fresh Baby Carrots Fresh Grapes Fruit Choice Milk Choice
		27 Mini Meatball Sub. Ranch Potato Wedges Tossed Salad Peaches Fruit Choice Milk Choice	28 Chicken Drumstick Savory Rice Whole Grain Roll & Jelly Fresh Broccoli Cherry Tomatoes Fruit Salad Fruit Choice Milk Choice	29 Pizza Tossed Salad Baby Carrots Fresh Orange Fruit Choice Milk Choice
September 3 NO SCHOOL LABOR DAY	4 Super Nachos Tortilla Chips Refried Beans Broccoli Florets Strawberries Fruit Choice Milk Choice	5 Turkey & Cheese Sub Sandwich Dark Green Leaf Lettuce Tomato Slice Sweet Potato Fries Fresh Kiwi Fruit Choice Milk Choice	6 Chili Whole Grain Crackers Red Bell Pepper Strips Cinnamon Roll Peaches Fruit Choice Milk Choice	7 BBQ on a Bun French Fries Creamy Cole Slaw Royal Brownies (6-12) Mixed Fruit Salad Fruit Choice Milk Choice
10 Beef & Bean Burrito Tortilla Chips (6-12) Tomato Salsa Romaine & Tomato Mexican Corn Fresh Banana Fruit Choice Milk Choice	11 Stromboli Squares Garlic Bread (9-12) Garden Salad Fresh Baby Carrots Mandarin Oranges Fruit Choice Milk Choice	12 Chicken Nuggets Whole Wheat Roll & Jelly Mashed Potatoes & Gravy Tossed Salad Pears Fruit Choice Milk Choice	13 Cook's Choice	14 Hamburger/Bun Baked Beans Dark Green Leaf Lettuce Tomato Slice Fresh Grapes Fruit Choice Milk Choice
17 Chicken Strips Whole Wheat Roll & Honey Mashed Potatoes & Gravy Green Beans Pears Fruit Choice Milk Choice	18 Taco Burger/Bun Tortilla Chips (6-12) Tomato Salsa Dark Green Leaf Lettuce Tomato Slice Refried Beans Fruit Choice Milk Choice	19 Macaroni & Cheese Meatballs Whole Wheat Bread & Jelly Peas Baby Carrots Apple Salad Fruit Choice Milk Choice	20 Lasagna Garlic Bread Sticks w/Marinara Sauce Garden Salad Applesauce Chocolate Chip Cookie Fruit Choice Milk Choice	21 Hot Ham & Cheese/Bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice Milk Choice
24 Hot Dog/Bun Tri Tator Broccoli w/Cheese Fresh Apple Slices Fruit Choice Milk Choice	25 Taco Salad Tortilla Chips & Tomato Salsa Refried Beans Fruit Cinnamon Puff (6-12) Fruit Choice Milk Choice	26 Chicken Wrap Spanish Brown Rice Romaine Lettuce Tomato Slice Cucumber Slices Tropical Fruit Cookie (9-12) Fruit Choice Milk Choice	27 Spaghetti w/Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Fruit Choice Milk Choice	28 Chicken & Noodles Whole Wheat Rolls & Honey (6-12) Mashed Potatoes Fresh Baby Carrots Fresh Grapes Fruit Choice Milk Choice