



NOVEMBER BREAKFAST MENU - LAKESIDE SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken Biscuit Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	NO SCHOOL
5	6	7	8	9
Whole Grain Muffin Cereal Fruit Fruit Juice Choice Milk Choice	Pancake on a Stick Fruit Fruit Juice Choice Milk Choice	Sausage Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Kansas Granola Bar Yogurt Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
12	13	14	15	16
Waffles w/Syrup Fruit Fruit Juice Choice Milk Choice	Whole Grain Cinnamon Roll Fruit Fruit Juice Choice Milk Choice	Scrumptious Coffeecake Fruit Fruit Juice Choice Milk Choice	Pancakes Sausage Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
19	20	21	22	23
Breakfast Pizza Fruit Fruit Juice Choice Milk Choice	Whole Grain Cereal Fruit Fruit Juice Choice Milk Choice	NO SCHOOL Thanksgiving Break	NO SCHOOL Thanksgiving Day	NO SCHOOL Thanksgiving Break
26	27	28	29	30
Whole Grain Muffin Cereal Fruit Fruit Juice Choice Milk Choice	Pancake on a Stick Fruit Fruit Juice Choice Milk Choice	Sausage Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Kansas Granola Bar Yogurt Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice

This institution is an equal opportunity provider.



NOVEMBER LUNCH MENU - LAKESIDE SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
			¹ Spaghetti w/Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Fruit Choice Milk Choice	² NO SCHOOL
⁵ Mini Meatball Sub. Ranch Potato Wedges Tossed Salad Peaches Fruit Choice Milk Choice	⁶ Chicken Drumstick Savory Rice Whole Grain Roll & Jelly Fresh Broccoli Cherry Tomatoes Fruit Salad Fruit Choice Milk Choice	⁷ Pizza Tossed Salad Baby Carrots Fresh Orange Fruit Choice Milk Choice	⁸ Country Style Beef Patty Whole Wheat Roll & Jelly (6-12) Mashed Potatoes & Gravy Green Beans Pineapple Fruit Choice Milk Choice	⁹ Corn Dog Baked Beans Sweet Potato Tots Fruit Cocktail Snickerdoodle (6-12) Fruit Choice Milk Choice
¹² Chicken Tetrazzini Garlic Bread Tossed Salad Peas Apricots Fruit Choice Milk Choice	¹³ Super Nachos Tortilla Chips Refried Beans Broccoli Florets Strawberries Fruit Choice Milk Choice	¹⁴ Turkey & Cheese Sub Sandwich Dark Green Leaf Lettuce Tomato Slice Sweet Potato Fries Fresh Kiwi Fruit Choice Milk Choice	¹⁵ Chili Whole Grain Crackers Red Bell Pepper Strips Cinnamon Roll Peaches Fruit Choice Milk Choice	¹⁶ BBQ on a Bun French Fries Creamy Cole Slaw Royal Brownies (6-12) Mixed Fruit Salad Fruit Choice Milk Choice
¹⁹ Beef & Bean Burrito Tortilla Chips (6-12) Tomato Salsa Romaine & Tomato Mexican Corn Fresh Banana Fruit Choice Milk Choice	²⁰ Stromboli Squares Garlic Bread (9-12) Garden Salad Fresh Baby Carrots Mandarin Oranges Fruit Choice Milk Choice	²¹ NO SCHOOL Thanksgiving Break	²² NO SCHOOL Thanksgiving Day	²³ NO SCHOOL Thanksgiving Break
²⁶ Chicken Strips Whole Wheat Roll & Honey Mashed Potatoes & Gravy Green Beans Pears Fruit Choice Milk Choice	²⁷ Taco Burger/Bun Tortilla Chips (6-12) Tomato Salsa Dark Green Leaf Lettuce Tomato Slice Refried Beans Fruit Choice Milk Choice	²⁸ Macaroni & Cheese Meatballs Whole Wheat Bread & Jelly Peas Baby Carrots Apple Salad Fruit Choice Milk Choice	²⁹ Lasagna Garlic Bread Sticks w/Marinara Sauce Garden Salad Applesauce Chocolate Chip Cookie (9-12) Fruit Choice Milk Choice	³⁰ Hot Ham & Cheese/Bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice Milk Choice