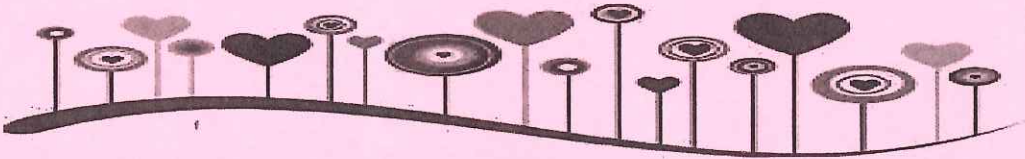
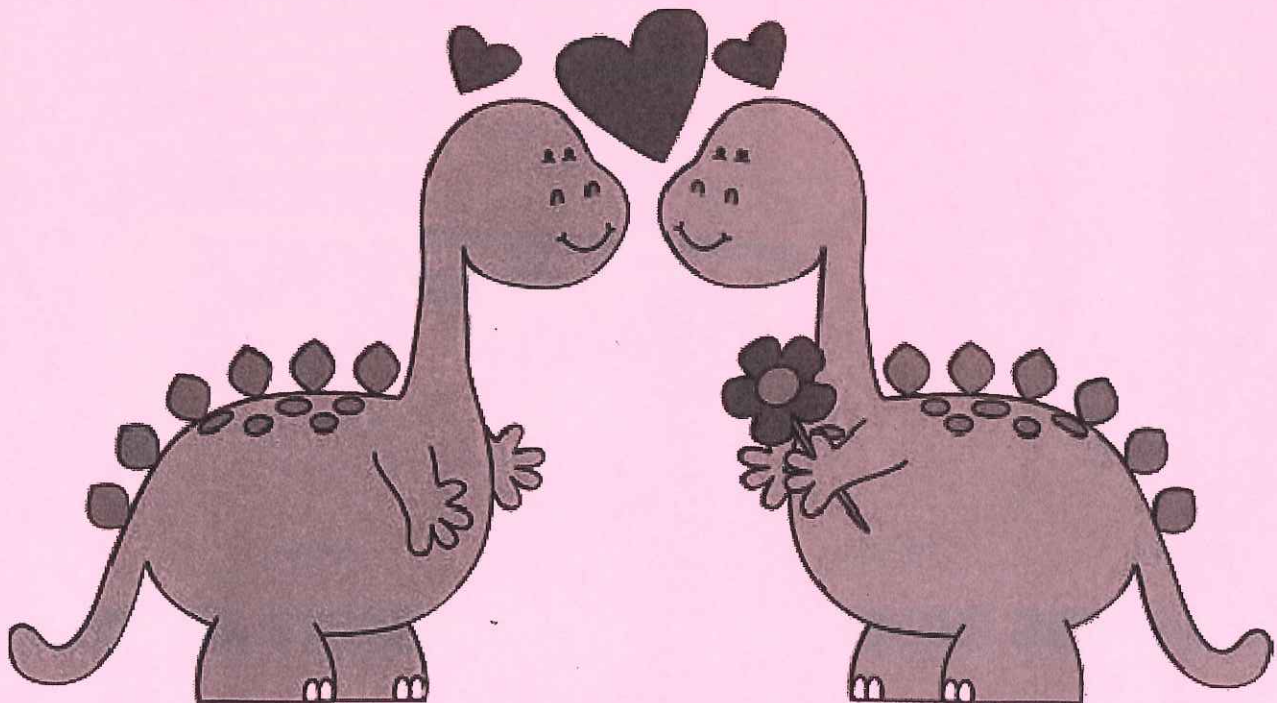


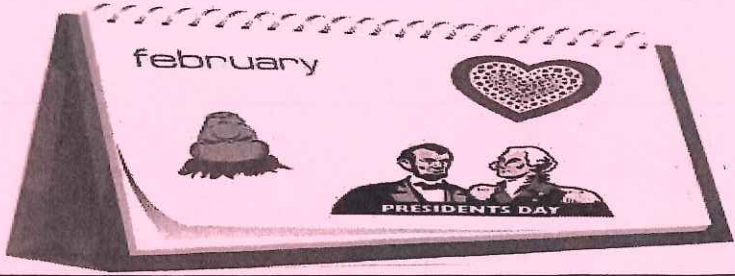
FEBRUARY BREAKFAST MENU - LAKESIDE SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
4	5	6	7	8
Whole Grain Muffin Cereal Fruit Fruit Juice Choice Milk Choice	Pancake on a Stick Fruit Fruit Juice Choice Milk Choice	Sausage Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Kansas Granola Bar Yogurt Fruit Fruit Juice Choice Milk Choice	NO SCHOOL
11	12	13	14	15
Waffles w/Syrup Fruit Fruit Juice Choice Milk Choice	Whole Grain Cinnamon Roll Fruit Fruit Juice Choice Milk Choice	Scrumptious Coffeecake Fruit Fruit Juice Choice Milk Choice	Pancakes Sausage Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
18	19	20	21	22
NO SCHOOL TEACHER INSERVICE	Whole Grain Cereal Fruit Fruit Juice Choice Milk Choice	French Toast Sticks with syrup Fruit Fruit Juice Choice Milk Choice	Chicken Biscuit Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Biscuit & Gravy Fruit Fruit Juice Choice Milk Choice
25	26	27	28	
Whole Grain Muffin Cereal Fruit Fruit Juice Choice Milk Choice	Pancake on a Stick Fruit Fruit Juice Choice Milk Choice	Sausage Breakfast Sandwich Fruit Fruit Juice Choice Milk Choice	Kansas Granola Bar Yogurt Fruit Fruit Juice Choice Milk Choice	

This is an equal opportunity provider.



FEBRUARY LUNCH MENU - LAKESIDE SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				BBQ on a Bun French Fries Creamy Cole Slaw Royal Brownies (6-12) Mixed Fruit Salad Fruit Choice Milk Choice
4	5	6	7	8
Beef & Bean Burrito Tortilla Chips (6-12) Tomato Salsa Romaine & Tomato Mexican Corn Fresh Banana Fruit Choice Milk Choice	Stromboli Squares Garlic Bread (9-12) Garden Salad Fresh Baby Carrots Mandarin Oranges Fruit Choice Milk Choice	Chicken Nuggets Whole Wheat Roll & Jelly (6-12) Mashed Potatoes & Gravy Tossed Salad Pears Fruit Choice Milk Choice	Cook's Choice	NO SCHOOL
11	12	13	14	15
Chicken Strips Whole Wheat Roll & Honey Mashed Potatoes & Gravy Green Beans Pears Fruit Choice Milk Choice	Taco Burger/Bun Tortilla Chips (6-12) Tomato Salsa Dark Green Leaf Lettuce Tomato Slice Refried Beans Fruit Choice Milk Choice	Macaroni & Cheese Meatballs Whole Wheat Bread & Jelly Peas Baby Carrots Apple Salad Fruit Choice Milk Choice	Lasagna Garlic Bread Sticks w/Marinara Sauce Garden Salad Applesauce Chocolate Chip Cookie (9-12) Fruit Choice Milk Choice	Hot Ham & Cheese/Bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice Milk Choice
18	19	20	21	22
NO SCHOOL TEACHER INSERVICE	Taco Salad Tortilla Chips & Tomato Salsa Refried Beans Fruit Cinnamon Puff (6-12) Fruit Choice Milk Choice	Chicken Wrap Spanish Brown Rice Romaine Lettuce Tomato Slice Cucumber Slices Tropical Fruit Cookie (9-12) Fruit Choice Milk Choice	Spaghetti w/Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Fruit Choice Milk Choice	Chicken & Noodles Whole Wheat Rolls & Honey (6-12) Mashed Potatoes Fresh Baby Carrots Fresh Grapes Fruit Choice Milk Choice
25	26	27	28	
Mini Meatball Sub. Ranch Potato Wedges Tossed Salad Peaches Fruit Choice Milk Choice	Chicken Drumstick Savory Rice Whole Grain Roll & Jelly Fresh Broccoli Cherry Tomatoes Fruit Salad Fruit Choice Milk Choice	Pizza Tossed Salad Baby Carrots Fresh Orange Fruit Choice Milk Choice	Country Style Beef Patty Whole Wheat Roll & Jelly (6-12) Mashed Potatoes & Gravy Green Beans Pineapple Fruit Choice Milk Choice	